

Important information  
Please read it all!



Dear women in childbed,

Unfortunately, you couldn't find a midwife for the childbed care. Currently the demand for childbed care overtakes the supply. We are very sorry for that.

The coordination office for midwife supply of the town and district of Regensburg has included you to the acute care program.

A shift plan was developed in cooperation with the self-employed midwives. Its aim is to ensure a day by day provisioning of midwives. Unfortunately, this is not possible for all days. Additionally, not the same midwife can come to you every visit. You receive the shift plan for the midwives for the week your child was born and for your place of residence. To ensure that the midwife can plan the visit to you, please contact the midwife **the latest until 6pm** before the day the midwife comes. On the shift plan the telephone number and email address of the corresponding midwife is written. When you contact the midwife, please always inform her that you take part in the midwife attendance program ('Hebammenbereitschaftsprogramm') of the district administration. The midwife can only visit you on this day. A further support of this midwife is **not** possible. Please use the phone number and email address **only for this day**.

The midwives provide their services according to the contract with the public insurances. This requires a contract between midwife and woman in childbed. You receive the contract attached to this letter. Each midwife, who visits you as part of the acute care program, will conclude this contract with you. Please read this contract **in advance** and sign the corresponding contract with the midwife who visits you.

The midwife will duplicate the documentation and the copy will remain with you. This the next midwives are informed about the course of the puerperium. Please provide the midwives with the dokumentations.

The coordination office is working on developing midwife supply models and to get more new midwives in the region so that in the long run each woman in childbed has her own midwife.

Many municipalities offer support by family education centers. They cannot replace a midwife but are very helpful for family development.

In urgent cases please contact your gynaecologist, paediatrician or the emergency room of the closest hospital.

We wish you all the best for the time in puerperium.

The midwives of the coordination office: Stefanie Malle and Astrid Giesen

[hebammen@lra-regensburg.de](mailto:hebammen@lra-regensburg.de)

phone: 0941/4009-174