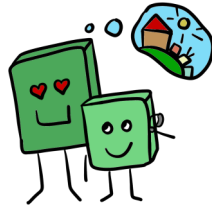


## How to help your child settle in:



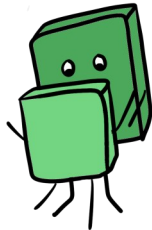
Show your child: **I am happy** that you are at kindergarten!



Bring your child to kindergarten **regularly**. This will help your child quickly gain confidence.

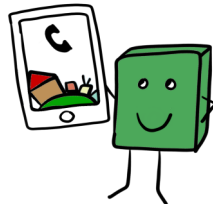


Always **say goodbye** to your child.



Please always be **available by phone**.

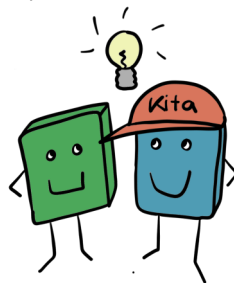
This way, you can be there for your child when they need you.



### Do you have any questions or requests?

Feel free to contact us.

Together we will find a solution!



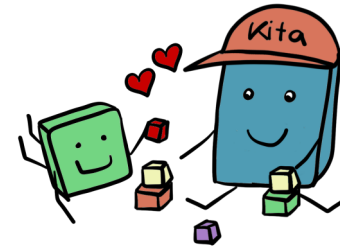
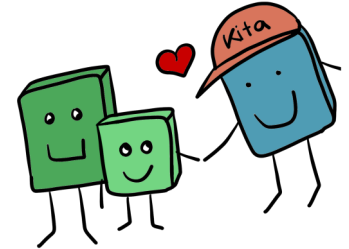
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## Settling in at kindergarten

We are delighted to have your child with us!

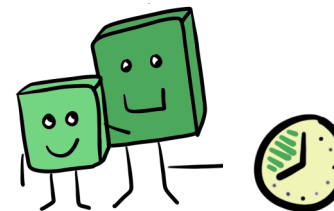
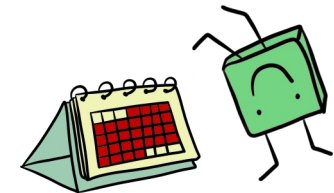
### What is settling in?

Settling in means that your child separates from you and slowly builds trust with the childcare staff at kindergarten.

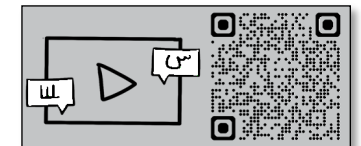


Every child needs a different amount of time to do this. Some children need a long time, others need a short time.

It can usually take up to 4 weeks before the child is able to stay at kindergarten alone for the agreed amount of time.



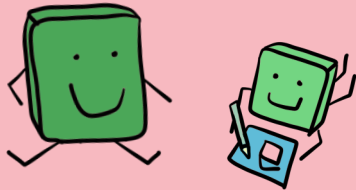
'Aya stays at kindergarten for 4 hours a day. The settling-in period took 3 weeks for us.'



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## What happens during the settling-in period?

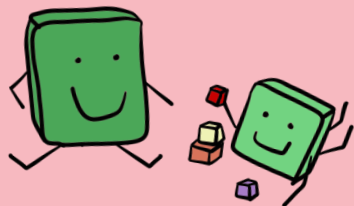
At the beginning, you accompany your child into the group room. Your child plays next to you. On the first day, for example, for 30 minutes.



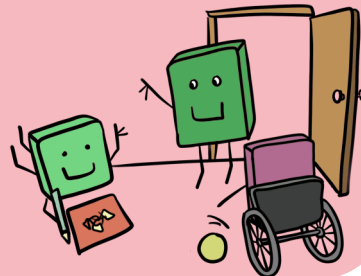
Then you go home with your child. ...

... the following days:

Does your child still need you? Then continue to accompany your child into the group room, for example for an hour.

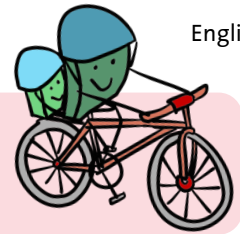


Does your child feel safe? Then they can already separate from you. And you wait in an adjoining room, for example for an hour.



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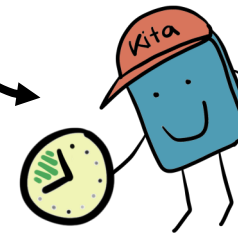
Then you go home with your child.



Is your child still doing well without you? That's good. The childcare staff will tell you each day how long your child can stay at kindergarten on their own.

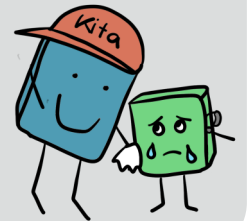


'Tomorrow, Aya can stay at kindergarten on her own until 11 o'clock. You no longer need to wait in the adjoining room.'



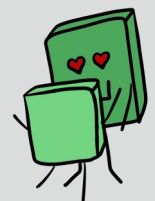
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It is normal for children to cry sometimes. The childcare staff will comfort your child. The childcare staff will call you if they cannot comfort your child.



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Allow enough time for your child to settle in. Your child needs you as a caregiver.



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