

Documentation of the 3rd International Youth Conference 2022

WILLKOMMEN
Ласкаво просимо
VÍTEJTE BENVENUTO
BIENVENUE ÜDVÖZLÉS
WELCOME 欢迎

One world.

Our chance.

Time to act.



IMPRINT

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Documentation of the 3rd International Youth Conference 2022

July 31st – August 6th 2022



Dear reader,

In your hands, you are holding the official documentation of the 3rd International Youth Conference “One world. Our chance. Time to act.” The conference took place in Regensburg from July 31st to August 6th 2022 and gathered 34 youngsters from six different nations.

During this week, the participants got to know each other and made friends while they worked on various subjects concerning environment and sustainability. Nowadays, empathy, exchange and acceptance are more important than ever. The issues of environment and climate protection can only be tackled if we work together globally.

The young people had the chance to look beyond their own horizons and break down their own prejudices. I am very grateful that we were able to contribute a piece of the puzzle to a more peaceful coexistence, which is more important than ever in today's world.

At this point, I would like to take the opportunity to express my gratitude to the project management team as well as to each person who contributed to the success of the International Youth Conference 2022.

I am already looking forward to the next conference in 2024 and wish you much pleasure while reading.

Gertrud Maltz-Schwarzfischer
Mayor



Dear reader,

For a long time we did not know exactly whether and how such a big project like the Youth Conference could actually be realized. The last few years have not been easy for international exchanges due to the pandemic. However, we always remained optimistic - with success! At the end of July, we had the pleasure of welcoming young people from Regensburg and its twin cities!

A total of 34 young people from our twin cities of Brixen, Budavár, Clermont-Ferrand, Odessa, Pilsen as well as from Regensburg participated in the 3rd International Youth Conference. The young people worked for one week on the topics of environment, climate and sustainability according to this year's motto "One world. Our chance. Time to act". Various workshops allowed the participants a deep insight into the topics. At the barbecue, the concert and the international bowling evening, everyone could get to know each other better in a relaxed atmosphere.

The week was crowned by a celebratory final event where the young people did outstanding presentations of their work. This week has once again shown how quickly friendships can develop even across national borders. Especially in today's world, it is more important than ever to remember what we have in common and not what makes us different! We all want to live in a peaceful world where everyone can fulfil his or her dreams. For this, everyone has to contribute in our globalized world. To achieve this, exchanges and discussions on current issues are essential.

Thank you very much again to everybody: to our dear colleagues, chaperons, participants and the FIJR for financial support! It was an unforgettable time!

Katja Eckhardt & Barbara Stadler
Project management

P.S.: Don't miss the video documentation of *We R international* 2022 which you can find on www.regensburg.de/youthconference!



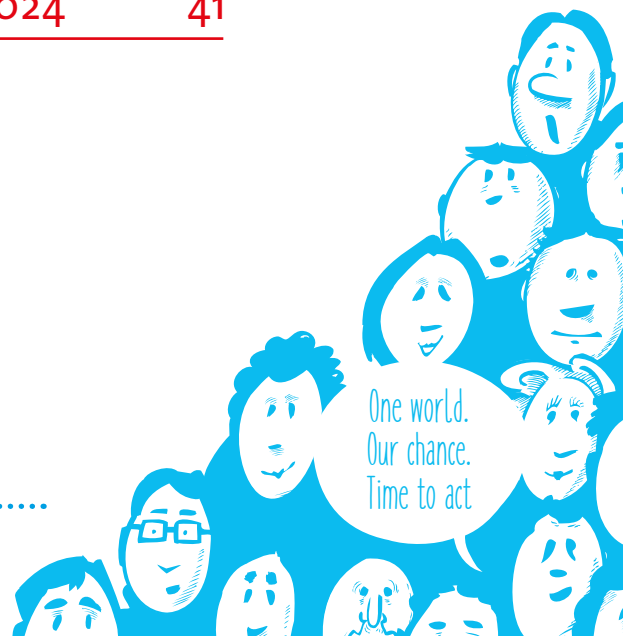
Contents

	Preface Gertrud Maltz-Schwarzfischer, Mayor	4
	Preface Katja Eckhardt & Barbara Stadler, Project Management	5
1	What is the International Youth Conference?	8
2	At a glance: These were the participants	9 – 11
3	Expectations of the participants	12 – 13
4	At a glance: This was the staff	14 – 19

5 Program *We R international* 2022 20

Overview program & venues	20 – 22
Welcome Evening 31 st of July 2022	24 – 25
Let the conference begin! 1 st of August 2022	24 – 25
Time of the workshops 2 nd of August 2022	26 – 27
Workshop: Biodiversity	28 – 29
Workshop: Clothing	30 – 31
Workshop: Consumption & Trading	32 – 33
Workshop: Human Rights	34 – 35
Workshop: Nutrition	36 – 37
Last Day and Closing Event 5 th of August 2022	38 – 40

6 Preview *We R international* 2024 41



What is the International Youth Conference?

The origin

After 2016 and 2018, the International Youth Conference 2022 was the third youth conference in Regensburg. The City of Regensburg organized the first youth conference in the summer of 2016. This conference was a great success. Hence, the city decided to hold an International Youth Conference regularly. In consequence, the project management of 2022 could rely on experience, which facilitated the planning.

Idea and aim

The idea of *We R international* is to bring young people from our twin cities together, regardless of the income of their families. Why are we interested in doing this? Because young people are our future and this future cannot function without thinking outside the box! There is no everyday life without global networks and cooperation. The International Youth Conference wants to create a lasting effect on understanding, exchange and tolerance across national borders. As we face increasing political instabilities and extremist trends it is

important to support young people's commitment and open-mindedness all over the world.

Moreover, on an individual level, each single young person should get a chance to make international experiences in order to gain insights in different cultures, practice foreign languages, reflect his or her points of view, get more self-confident, etc. This should not be the privilege of those growing up in well-off homes. That is why the City of Regensburg does not ask for any financial contribution from the participants and their families.

This year's conference concentrated on environmental issues and participation. The motto "One world. Our chance. Time to act." invited the participants to treat challenging, current topics like "nutrition", "biodiversity" or "human rights". It provided a framework for controversial discussions and encouraged young people's participation.

We R international – Financing

The 3rd International Youth Conference cost about 38.000 €. The "Forum Internationaler Jugendaustausch Regensburg (FIJR)" supported the event financially with 25.000 €.



↓ Group photo of the International Youth Conference 2022





The participants

The City of Regensburg invited each twin city to send a delegation of a group of young people aged 16 to 18 with a chaperon to the conference.

The twin cities, that took part, were Brixen (Italy), Clermont-Ferrand (France), Budavár (Hungary), Odessa (Ukraine) and Pilsen (Czech Republic). Unfortunately, Aberdeen (Scotland, GB), Qingdao (China) and Tempe (USA) weren't able to attend this years' Conference.

More information about the town twinnings is available on www.regensburg.de/rathaus/partnerstaedte.

Each city delegation (except Brixen) was supported by a volunteer of the Department for Municipal Youth Services, Regensburg.

The delegation of Regensburg was a group of ten teenagers between 15 and 16 years.

These are the six delegations at a glance:

Delegation from Regensburg (Germany)

Blaschke, Annabel

Böhringer, Nathalie

Heger, Stefanie

Köllner, Anna

Laumbacher, Lena

Namislo, Julia

Namislo, Luzia

Schmid, Moritz

Schwarz, Anastasia

Then, Anne





Delegation from Brixen (Italy)

Faller, Patrick (Chaperon)

Bacher, Nadine

Fusa, Alessia

Giada, Lucia

Gruber, Mara



Delegation from Clermont-Ferrand (France)

Chérod, Léa (Chaperon)

Guijarro, Diego (Chaperon)

Colombi, Liséa

El Mahdi, Doha

El Mjaber, Aya

El Mjaber, Inès

Ferria, Ibrahim

Larbaa, Yacine

Tadlaoui, Ilyes



Delegation from Budavár (Hungary)

Csimár, Nikolett (Chaperon)

Barabási, Anna

Csala, Dorottya

Rieder, Flóra



Delegation from Odessa (Ukraine)

Nyzka, Tetiana (Chaperon)

Bogatyrov, Valentyn

Naida, Svitlana

Strohanova, Vladyslava

Vesna, Nikol

Vlasov, Dmytro



Delegation from Pilsen (Czech Republic)

Hadravová, Alena (Chaperon)

Fialová, Magdalena

Měsíček, Petr

Tetřevová, Anežka

Zábran, Ondřej

Zdeněk, Václav



“ I registered for the International Youth Conference because...”

The motivation to take part

Before the conference started, the participants expressed their motivations. Here you can find some of them:



“I am interested in things, that happen in our world and I am ready to speak about them.”

Valentyn Bogatyrov,
Odessa

“The issue of ecology is now very acute. Nothing affects the state of nature so perniciously as human activity. Emissions of toxic waste poison water, air and soil and lead to the death of entire ecosystems, deforestation and poaching lead to the extinction of many animal species. The environmental situation is rapidly deteriorating, so I would really like to do something big to prevent it. Participation in the conference will give me the opportunity not only to learn in detail about ways to protect the environment, but also to practice my knowledge of English and German and make many new acquaintance.”

Vladyslava Strohanova,
Odessa



“It is a great opportunity to get to know people from all over the world and learn about their daily life, their opinions on global topics and their culture, discovering differences and similarities. I'd love to represent the city of Regensburg and German culture at the youth conference and to share my own point of view. But of course the most important goal for me would be to make new friends!”

**Annabel Blaschke,
Regensburg**

“I would make our environment better. I feel a duty to save nature for generations. We are standing on a lineament to save nature and total destroy our earth. We must do something now, so let's do it.”

**Ondřej Zábřan,
Pilsen**

“I've never taken part in anything like that. I would also like to improve my English and presenting skills, get to know the city and new people so I can make new friends. And last but not least, I would love to talk about problems among students and look for solutions.”

**Anežka Tetřevová,
Pilsen**

“I'd like to meet new people and get more knowledge of their lifestyle and culture. I'd also like to visit the highlights of the city Regensburg.”

**Alessia Fusa,
Brixen**



The staff

The project *We R international 2022* was a cooperation between the Department for Municipal Youth Services and the Main Department – International Relations and Representation of the city of Regensburg. Four employees from these two departments formed the project management team.

The project management team:



↑ From left to right:
Katja Eckhardt, Anja Kink, Barbara Stadler, Mélanie Dahri

The team was supported by volunteers who accompanied the guests and helped as assistants. Furthermore, two volunteers supported workshops. These are their names:

Volunteer	Task during the Youth Conference
Neff, Katrin	chaperon for Clermont-Ferrand
Küppers, Jenny	chaperon for Odessa
Rappl, Sophie	chaperon for Budavár
Stangl, Lea	chaperon for Pilsen
Sonka, Sophia	workshop assistance for Nutrition
Grüll, Manuel	workshop assistance for Biodiversity



Each group was accompanied by one or two guest chaperons:

Guest chaperon	City
Faller, Patrick	Brixen
Csimár, Nikolett	Budavár
Chérod, Léa Guijarro, Diego	Clermont-Ferrand
Nyzka, Tetiana	Odessa
Hadravová, Alena	Pilsen

With joined efforts the following professionals of the Department for Municipal Youth Services made this conference possible:

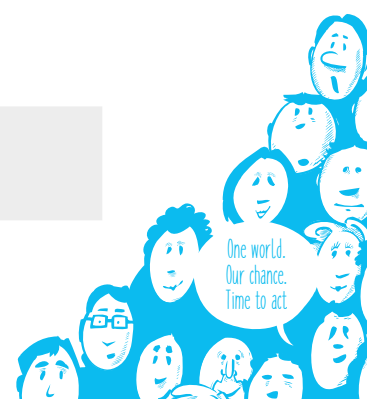
Staff of the Department for Municipal Youth Services	Task during the Youth Conference
Raith, Annerose Head of the Department for Municipal Youth Services	representation, support project management
Pfreimer, Jakob Department Management	representation, support project management
Eckhardt, Katja International Youth Work	project management
Stadler, Barbara International Youth Work	project management
Breu, Julia Youth Center Utopia	workshop management: Consumption & Trading
Buchner, David Youth Center Fantasy	workshop management: Biodiversity



Staff of the Department for Municipal Youth Services	Task during the Youth Conference
Diestelmann, Benjamin Youth Center Königswiesen	workshop management: Human Rights
Gruber, Lucia Youth Center Fantasy	workshop management: Clothing
Günther, Esther Youth Center Königswiesen	workshop management: Human Rights
Jungbauer, Michael Mehrgenerationenhaus Medienpädagogik	workshop management: Consumption & Trading
Schmid, Konstantin Youth Center Utopia	workshop management: Nutrition
Albrecht, Andreas Mehrgenerationenhaus Intergenerational Projects	catering, room management Mehrgenerationenhaus
Flecknová, Anna Department for Municipal Youth Services student trainee	workshop assistance for Clothing
Ganzert, Sebastian Youth Center Guericke	management closing party (DJ)
Gebhard, Nirja Youth Center Arena	video documentation cooperation with Filmlook Pictures
Huber, Dominik W1 – Zentrum für junge Kultur	technical support and organization for the rehearsal and the presentations, closing event; support room management W1
Jansen, Nico Youth Center Utopia	management barbecue evening
Krummeck, Lennart Youth Center Königswiesen	contact person participants from Regensburg
Kurban, Özge Youth Center Guericke	classification of the workshops, international bowling



Staff of the Department for Municipal Youth Services	Task during the Youth Conference
Mack, Katinka Youth Center Königswiesen	classification of the workshops, international bowling
Männer, Martin Mehrgenerationenhaus Janitor	support room & technique management Mehrgenerationenhaus
Pruschinski, Pia Youth Center Arena	video documentation cooperation with Filmlook Pictures
Schledorn, Anna Youth Welfare Planning	translating
Segerer, Matthias W1 – Zentrum für junge Kultur	concert W1 – Zentrum für junge Kultur; room management W1
Süttner, Lara W1 – Zentrum für junge Kultur volunteer	World Café & support room management W1
Ulrich, Michelle Youth Center Königswiesen student trainee	support contact participants from Regensburg
Wild, Reiner Head of Mehrgenerationenhaus	room & technique management Mehrgenerationenhaus
Graml, Marianne Financial Planning	financial planning
Kempf, Juliane Administration	accounting
Lorenz, Eveline Administration	administration
Lungauer, Margit Administration	accounting
Sipl, Barbara Administration	accounting
Stecher, Doris Administration	accounting



The team of the Main Department:

Staff of the Main Department – International Relations and Representation	Task during the Youth Conference
Kastenmeier, Bernadette Head of the Main Department	representation, support project management
Schneider, Sandra Representation, Twin City Relations	project management
Dahri, Mélanie Representation, Twin City Relations	project management
Kink, Anja Representation, Twin City Relations	project management

More people who contributed to the success of We R international:

Danner, Florian & Haseneder, Simon Filmlook Pictures	video documentation
Effenhauser, Stefan Press photographer, City of Regensburg	documentation, photos
Kaister, Christian Press photographer, City of Regensburg	documentation, photos
Reitzer, Christine Volkshochschule Regensburg, English Teacher	English classes
Valentum Kommunikation Advertising agency	conference material



Staff in action



Overview program & venues

This was the program

SUNDAY, July 31st 2022 › 6 – 9 p.m., Kolpinghaus, Foyer **Welcome Evening**

With this first “get-together” you will start off your Youth Conference Adventure! While enjoying a tasty dinner you can get to know each other. Moreover, you will get your conference ID card and we’ll take photos of each group of the cities.

MONDAY, August 1st 2022 › 9.30 – 10.30 a.m., **Mehrgenerationenhaus, Clermont-Ferrand-Saal** **Let the conference begin!**

Mayor Gertrud Maltz-Schwarzfischer will welcome all participants and officially open the Youth Conference. You can get better acquainted and establish new contacts.

10.30 a.m. – 1 p.m., Mehrgenerationenhaus, **Clermont-Ferrand-Saal**

“Where are you from?”

Every group presents its hometown with the presentation they have prepared at home. There are no limits to your creativity!

3 – 3.20 p.m., Mehrgenerationenhaus, **Clermont-Ferrand-Saal**

Keynote speech

Maxi Ernest from the private aid agency Welthungerhilfe presents a keynote speech for the thematic start of the conference.

3.20 – 6 p.m., Mehrgenerationenhaus, **Clermont-Ferrand-Saal**

World Café

Exchange in changing small groups on various workshop topics.

TUESDAY, 2nd August 2022 › 9.30 – 11.30 a.m., **Mehrgenerationenhaus, Clermont-Ferrand-Saal**

Intercultural exercise & group photo

What is it all about? Let us surprise you!

11.30 a.m. – 1.00 p.m., Mehrgenerationenhaus **(meeting point)**

Discover Regensburg!

For the guests from the twin cities: You may look forward to a guided city tour in your native language! The youngsters of Regensburg are also discovering new sides of their city and visiting the Energie-Bildungszentrum um:welt.

3 – 5 p.m., W1 – Zentrum für junge Kultur & Mehr- **generationenhaus**

Workshop-Time

Various topics will be worked on in small multi-national groups of about eight persons. Every workshop-group will prepare with their workshop manager a brief, creative presentation for the closing event on Friday evening.

Afterwards the participants from Regensburg will invite the guests for dinner at their house. Certainly a good experience for both sides!

WEDNESDAY, August 3rd 2022 and THURSDAY, **August 4th 2022**

W1 – Zentrum für junge Kultur & Mehrgenerationenhaus **9.30 a.m. – 1 p.m. and 3 – 6.30 p.m.**

Workshop-Time

FRIDAY, August 5th 2022 › 9.30 a.m. until 12.30 p.m.

Workshop-Time / Conclusion in the Workshops

3.00 – 6 p.m., Kulturzentrum Alte Mälzerei **Rehearsal for the evening program**

6.30 p.m., Kulturzentrum Alte Mälzerei

Closing event

A unique final evening is waiting for you. You’ll be standing on stage and present the results of your workshop group in front of an audience. Prominent guests like Vice Mayor Ludwig Artinger are expected for this event.



Entertainment and chill out program

Monday, August 1st 2022, 7 – 11 p.m.,
Jugendzentrum Utopia

Barbecue: Grill' n' chill with music from DJ KFL.

Wednesday, August 3rd 2022, 7 – 11 p.m.,
Super Bowl Regensburg

Internationaler Bowling Evening www.superbowl.de

Thursday, August 4th 2022, 9 – 11 p.m., W1 - Zentrum
für junge Kultur

Concert

You will get to enjoy live music. Moreover, you can visit the exhibition "Zwischentöne".

Friday, August 5th 2022, 8 p.m. – 1 a.m., Kulturzentrum
Alte Mälzerei

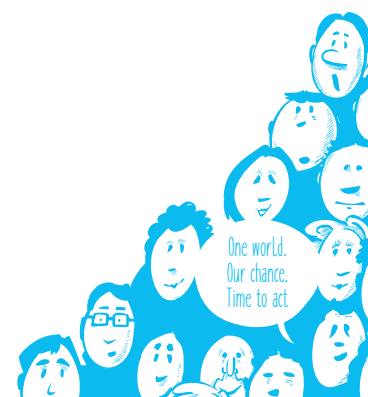
Closing party

A large party in great atmosphere with DJ and fine dinner will conclude the week. We'll be celebrating an unforgettable week and new friendships.



The participants were able to choose between these workshop topics

- ... Biodiversity
- ... Clothing
- ... Consumption & Trading
- ... Human Rights
- ... Nutrition





Accommodation

- 1 Kolpinghaus**
Adolph-Kolping-Straße 1, 93047 Regensburg
(accommodation for the foreign participants, venue for the Welcome Evening & group room)
www.kolpinghaus-regensburg.de

Catering

- 2 Städtische Kantine im Neuen Rathaus**
D.-Martin-Luther-Str. 3, 93047 Regensburg
- 3 Spitalgarten**
St. Katharinenplatz 1, 93059 Regensburg
www.spitalgarten.de

Venues

- 4 Mehrgenerationenhaus**
Ostengasse 29, 93047 Regensburg
www.regensburg.de/mgh
- 5 W1 – Zentrum für junge Kultur**
Weingasse 1, 93047 Regensburg
www.regensburg.de/w1
- 6 Jugendzentrum (Youth center) Utopia**
Kirchfeldallee 2, 93055 Regensburg
www.regensburg.de/utopia
- 7 SuperBowl im Gewerbepark**
Gewerbepark D 44, 93059 Regensburg
www.superbowl.de
- 8 Kulturzentrum Alte Mälzerei**
Galgenbergstraße 20, 93053 Regensburg
www.alte-maelzerei.de



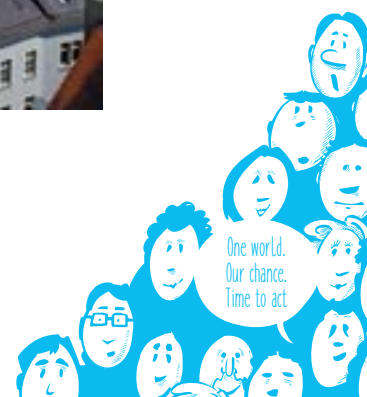
Program for the guest chaperons

While the participants of the conference worked in their workshops, the chaperons took part in an accompanying program.

On Wednesday afternoon, they explored Regensburg from the water. The group took a boat trip, the so called “Strudelfahrt”, along the river Danube. The focus was on the history of Regensburg as well as on learning interesting facts and sights about the city. Thursday morning had a culinary start. The chaperones went on a guided tour of the Kneitinger brewery. In addition to getting exciting insights into the art of brewing, they had the opportunity to taste regional beer.

Finally, they did a guided tour of the “Prinz-Leopold-Kaserne” on Friday morning. Many new residential buildings are currently being planned on the former barracks site in the east of Regensburg. Since the planning process takes time, in the meantime, the area is being used artistically by the association “Kulturviertel Regensburg e.V.” Here the chaperones got some insight into this sociocultural interim use.

Many thanks to all those involved in this accompanying program!



Welcome Evening

Sunday, 31st of July 2022

WILLKOMMEN BIENVENUE
 Ласкаво просимо VÍTEJTE ÜDVÖZLÉS 欢迎
 BENVENUTO WELCOME

On Sunday, the focus was on the arrival of the groups. After the room distribution, everybody got their conference materials and group photos were taken. Furthermore, the young people chose the workshops they wanted to attend. They made a priority list from the offered workshops Biodiversity, Clothing, Consumption & Trading, Human Rights and Nutrition. The lists were analysed overnight and the next day it was announced in which workshop the participants were. Afterwards, the evening started with getting-to-know games. During the dinner in a relaxed atmosphere, everyone got to know each other better and prepared for the day ahead.

Let the conference begin!

Monday, 1st of August 2022

Mayor Mrs. Maltz-Schwarzfischer opened the conference officially. This was followed by presentations of the young people about their hometowns. Besides great pictures, funny and creative presentations, there was also a very moving presentation from Odessa.

After a common lunch in the cafeteria, Maxi Ernest from the NGO Welthungerhilfe gave a keynote speech on the topic of climate, sustainability and the Sustainable Development Goal "zero hunger". Afterwards a so-called "World Café" was set up. This method created a good atmosphere to exchange views on the various workshop topics. The workshop leaders took the results of the World Café as connecting element into their workshops.

A World Café is a participatory method in which one question is being discussed at each table. The participants rotate from table to table, with one person remaining at the table and reporting to the next group about the previous discussion. The group continues the discussion.

The evening programme took place at the Utopia youth centre in Burgweinting. There was a delicious barbecue in a cosy atmosphere with a DJ. Afterwards, the participants were able to do various sports activities.



Welcome!



Time of the workshops

Tuesday, 2nd of August 2022

The second day of the conference started with a group photo at the multi-generation house. After some funny photos with a drone, the group participated in an intercultural exercise. This exercise made development- promoting and development- inhibiting factors visible. It became clear how essential appreciation and empathy are for intercultural cooperation.

Afterwards, the participants explored the city of Regensburg and spent the rest of the morning on guided city tours. As the young people from Regensburg already knew their city, they visited the new "Energie-Bildungszentrum um:welt" where they participated in an exciting Escape Game about environment.

Finally, in the afternoon, it was time for the workshops. After getting to know each other, the participants started working on the content right away.

The evening program, including dinner, took place at the families of the youngsters from Regensburg. They had invited the other young people from the twin cities to their homes to give an insight into their families and spent a great evening together.

Wednesday, 3rd of August 2022 & Thursday, 4th of August 2022

The following days, all the participants worked diligently in their workshops. Depending on the topics, they cooked, rapped, interviewed people or even sprayed artwork.

However, there was also a common entertaining evening program: On Wednesday, they were invited to an intercultural bowling event and on Thursday they enjoyed a concert at "W1- Zentrum für junge Kultur". Moreover, they were given the opportunity to visit the exhibition "Zwischentöne" by the artist Heike Czerner. The exhibition showed the results of a project by High School students who gave expressions to thoughts and feelings about the Corona pandemic. And of course, everybody tasted typical local food, when they visited a typical Bavarian beer garden on Thursday.

On the evening of the concert, a VIP delegation from Brixen, who did not want to miss the final evening the next day, joined the group.



Time of the workshops



Workshop Biodiversity

Workshop management: David Buchner & Manuel Grüll (volunteer)

The workshop on biodiversity dealt with the reality of man-made species extinction. Besides discussing the topic, the students had the chance to express their opinions on the topic by spray-painting political messages.

On the first day of the workshop, the participants met in the conference room of the cultural center W1. In the beginning, the internationally mixed group had the opportunity to learn interesting things from each other through various group games, e.g. through artistic methods such as painting upside-down portraits of each other. With the cheerful energy of these first activities, the participants were given a preview over the workshop agenda and invited to write down their wishes and expectations.

On Wednesday, the young people dealt more intensively with the topic of species extinction and biodiversity. They watched a short documentary film on the subject and discussed its content afterwards. In addition, all students researched an endangered species that is native to their places of residence, created a short profile with interesting facts and then presented them to each other. After the well-deserved lunch break, the group dealt with graffiti as a form of political activism. In addition to that, the youngsters painted some "Hello my name is" stickers with short political messages addressing the problem of the extinction crisis. Afterwards, first by themselves, then in pairs and finally together, they looked for possible ideas in the broad field of "biodiversity" that the group would like to deal with artistically. The result were four solid ideas in the form of sketches.

The third day of the workshop started with a short lecture on the Agenda 2030 and the political implementation of the content of the 15th goal, which deals with the conservation of biodiversity.

Then, the group democratically chose their two final ideas. After that, it was time to work out the sketches in more detail. Before lunch, the required colors were bought in the local skate shop so that everything was ready for implementation. In the afternoon, the group went to a legal graffiti wall called "24 Hours Gallery". After a brief practical instruction from the workshop leader on how to handle the spray cans, they started painting.

On Friday, the last day of the workshop, the two groups finished their paintings, worked on details and added their signatures. After taking photos of the results, they went back to the W1 to prepare the presentation of the workshop. In the evening, the young group proudly presented their results at the closing event.





Participants:

Anna Barabási (Budavár), Julia Namislo (Regensburg), Nathalie Böhringer (Regensburg), Ondřej Zábran (Pilsen), Svitlana Naida (Odessa), Yacine Larbaa (Clermont-Ferrand)



Workshop Clothing

Workshop management: Lucia Gruber & Anna Flecknová (student trainee)

This workshop was about the clothing industry. The main aim was to gain insight into a sector, which has an impact on our social, natural and cultural environment and to understand how individuals could act sustainably. The workshop had five parts: exchange of existing knowledge, input, discussion, city tour and activities (upcycling and shopping guides).

At the beginning, the participants talked about the clothing industry and how clothing is handled in the countries they came from. Soon it became clear that the topic has a negative connotation, which is noticeable in key terms like „fast fashion“, „child labour“, „living conditions“, „low-paid“ and „collapsed factory building“. The group came to the conclusion that “fast fashion” causes many of the above mentioned issues. For example, cheap production implies unemployed worker and children as low-cost workers, ... The young participants of the workshop were concerned about these conditions. They experienced personal conflicts as, on the one hand, they wish to dress fashionable with the little money they have in order to belong to their peer group and not be bullied or outcast. On the other hand, they want to consume in an ethically correct manner. Therefore, they agreed, that each individual has a right to their own well-being. The group had voiced the following consent: “Basic needs, must be met for every human being in the world.” The group discussed, how it is possible to reconcile those aspects, while acting sustainable. They concluded that each person for themselves as well as the society must change their consumer behavior. This includes consuming less clothing, buying second hand and fair trade, repairing and upcycling existing cloths.

Afterwards, the group went on a city tour through Ratisbona to get to know shops implementing the mentioned criteria: the second-hand-shops “Peace-hand” and “Oxfam”, as well as the “world-store una

terra”. A “world-store” sells fair-trade products from developing countries to support poor people in these countries. The participants of the workshop prepared an interview to learn more about the philosophy of the stores and the individual mindset of the people working there. On the way to the third store, we found a cabinet filled with well-preserved everyday articles to take and to exchange for free (Verschenkeschrank).

In the following discussions, the participants came to the conclusion that everyone – especially also politicians – should demand the following requirements:

- Produce more organic products!
- Spread the companies in different countries, not only in the poor ones!
- Confront the factory managers with the facts about the conditions of the workers!
- Proper wage! Minimum wage!
- Equal human stand in society, independent of the income
- Build better buildings, more employers, more factories!
- Better quality of products!
- Change the mindset of consumers!
- Build a more comfortable environment for workers
- Better school systems
- More inspections in the factory

They also wrote down advice for people on how to change the consuming behaviour:

- Change the perspective on how much value objects have!
- Stop buying the products of cheap productions
- Avoid fast fashion!
- Start a petition!
- Buy used clothes!

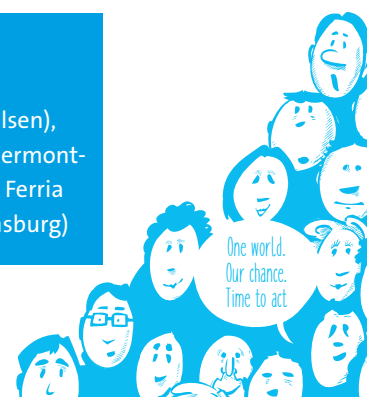


In the final part of the workshop, the young people were able to choose between the activities of upcycling clothes, sewing a new wearable dress or doing research and designing a city map including sustainable shops in their hometowns. With the help of sewing machines, old-fashioned blouses became fancy tank tops, a far too short skirt became a fitting one and an unwanted t-shirt turned into a fashionable bag. By doing this activity, the youngsters were able to experience how to preserve nice fabrics and to produce something new. Furthermore, it was interesting for them to see that the process of sewing clothes is quite exhausting. The group who designed the city maps including the sustainable stores learned new aspects about their hometowns and found many opportunities to consume in a sustainable way. Every bigger city in all of their countries has second-hand-stores, exchange-stores or world-stores.



Participants:

Alessia Fusa (Brixen), Anežka Tetřevová (Pilsen), Anne Then (Regensburg), Aya El Mjaber (Clermont-Ferrand), Dmytro Vlasov (Odessa), Ibrahim Ferria (Clermont-Ferrand), Stefanie Heger (Regensburg)



Workshop Consumption & Trading

Workshop management: Julia Breu & Michael Jungbauer

The aim of our workshop was to record a small radio show with moderation, music, a survey, expert interviews and the participants' own ideas on the topic of consumption.

After introducing each other, we got into the topic with small games, a talk show and questioned our own consumptive behavior. The second day started with a technical briefing. Then the participants recorded themselves with audio recorders and cut their recordings with the software Audacity. As part of a prepared treasure hunt called "Actionbound", the participants explored the city centre with tablets and were led to places such as a second-hand shop, the unpacked shop or the community garden of the non-profit organisation "Transition" to answer questions or to solve tasks. This gave the participants an overview of the possibilities for sustainable consumption in Regensburg.

In the afternoon, we put together questions for our survey (for example "What do you do to reduce consumption?" or "Do you prefer shopping in shops, second-hand or online?") and the two upcoming expert interviews. Two groups, equipped with audio recorders and microphones, approached passers-by in the city and conducted the survey independently.

Day 3 of the workshop began with a small quiz in which the youngsters had to answer tricky questions. Afterwards, the participants planned their radio show and together they edited the recordings of their survey and recorded a funny advertisement.

In the afternoon, the interviews with our experts Paul Przybilla (board member of "Transition", a citizens' movement for sustainable change) and Susanne Hauer (Deputy Head of World Heritage Coordination, Cultural Department, World Heritage Management) were conducted and recorded. The group even got small tours of the Transition office and the World Heritage Visitor Centre.

The interviews made clear why sustainable consumption is so important. To quote our moderator: "*So, it's time to act now! Let's try to reduce our consumption all together!*"

On Friday, we did the final preparations for the recording of our entire radio show: The presenters worked on the texts for their speech, they selected the interlude music and then it was time to put on the headphones and start recording!

Our radio show was then complete and we presented it at the closing ceremony in front of all the guests. It is also on YouTube so that everyone can listen to it worldwide.

Here you can find the link to the show:
<https://youtu.be/KbJeHfyg7ok>



Participants:

Anastasia Schwarz (Regensburg), Dorottya Csala (Budavár), Inès El Mjaber (Clermont-Ferrand), Lena Laumbacher (Regensburg), Mara Gruber (Brixen), Petr Měsíček (Pilsen), Vladyslava Strohanova (Odessa)



Workshop Human Rights

Workshop management: Esther Günther & Benjamin Diestelmann

„Get up, stand up, time to act
Listen to us cause we talk facts
Listen to us cause we want a voice
we want a future, but we have no choice!“

This is the phenomenal chorus of the rap group "Future Generation", which was founded at the International Youth Conference 2022. In the Human Rights Workshop, the participants had the opportunity to get to know completely new ways of protesting. Processing the thematic and musical input and writing a text based on this in four short days was a mammoth task. Some of the participants had a hard time imagining performing this text on stage with hip-hop beats.

On the first day of the workshop, the participants discussed human rights in general. To deepen their understanding of the United Declaration of Human Rights (UDHR), they were given the task to recognise certain articles in pictures and to assign them accordingly.

As a warm-up on the second day, the participants were questioned about their own opinions on human rights through a positioning game. They positioned themselves on topics such as "Should human rights apply to the unborn?" or "How well does freedom of expression work in your country?". This stimulated a successful discussion. Afterwards, the participants reviewed the human rights implementation at their schools. Before lunch, they were asked to write down the ten articles of the UDHR articles that seemed most important to them personally. In the afternoon, the participants found a common theme to write lyrics for the rap song.

They agreed that the older generations do too little for a secure future and wanted to address this in the song. Main topics for the lyrics were climate justice, having a say, education and paternalism. After defining the topic, the only thing missing was the beat, which they chose together from a compilation. The participants got an introduction to the basics of rap techniques such as rhyme structure, flow on the beat, length of a bar and emphasis of rhyming words. After that, the song writing process began. Each participant was allowed to write their lyrics in their own language.

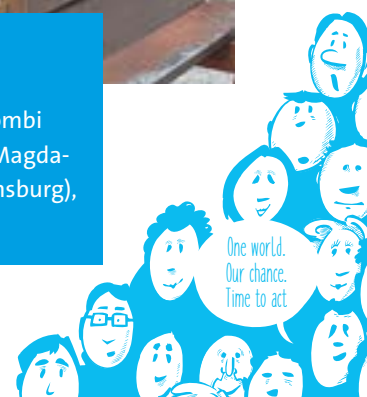
The third day of the workshop started with a rap/body percussion warm-up. Standing in a circle, they created a rhythm with hands and feet. Each person spoke simple sentences to the rhythm to get a feeling for the flow. Then the lyrics were completed. Lines like "stop, stop our world is burning, they ignore the end people aren't learning", "the flood is coming to drown our hopes" and "when there is no air to breathe, earth is no place to live anymore", show how much the participants feel threatened by future climate problems. The workshop gave them an outlet through which they can give voice to their protest. As a souvenir of the workshop, the track was recorded in the recording studio of W1 - Centre for Young Culture.

On the last day of the workshop, they rehearsed intensively for the performance in the Alte Mälzerei. The well-equipped stage of the W1 served as the perfect place for the rehearsal. Everyone was able to experience the stage feeling while rehearsing the track. After lunch, there was a short breather until the final rehearsal in the Alte Mälzerei. The performance rounded off the workshop and was a great success. For the participants, it was a unique, once in a lifetime experience that they will certainly not forget.



Participants:

Annabel Blaschke (Regensburg), Liséa Colombi (Clermont-Ferrand), Lucia Giada (Brixen), Magdaléna Fialová (Pilsen), Moritz Schmid (Regensburg), Valenty Bogatyrov (Odessa)



Workshop Nutrition

Workshop management: Konstantin Schmid & Sophia Sonka (volunteer)

The overall topic of this workshop was about making our nutrition more sustainable.

First, we talked about our motivation to take part in this workshop. It became clear that most of the participants already don't eat meat to reduce their carbon footprint.

In addition, the participants wanted to learn more about alternatives to animal products. Therefore, we cooked plant-based burgers with beans and made some dairy-free ice cream by ourselves. For our presentation as part of the closing event, we prepared some sustainable snacks for the audience. The participants of the workshop selected the recipes themselves. Based

on what they found they created some delicious courgette brownies and a fabulous Mexican style bean dip served with pizza bread.

The participants did the grocery shopping for all the dishes they prepared by themselves and they always tried to use seasonal and regional vegetables. We bought all groceries in a local organic supermarket and some of them even at a zero waste shop.

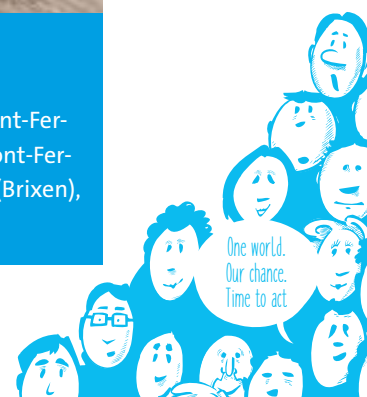
It was a great experience to prepare those dishes by themselves. In addition, it was good to do something practical in which everyone was able to participate.





Participants:

Anna Köllner (Regensburg), Doha El Mahdi (Clermont-Ferrand), Flóra Rieder (Budavár), Ilyes Tadlaoui (Clermont-Ferrand), Luzia Namislo (Regensburg), Nadine Bacher (Brixen), Nikol Vesna (Odessa), Václav Zdeněk (Pilsen)



Last day and Closing Event

Friday, 5th of August 2022

On Friday morning, the last workshop units took place and the presentations for the final event were fine-tuned. In the afternoon, it was time for the rehearsal.

Vize mayor Ludwig Artinger opened the closing event punctually at 6:30 pm. Numerous parents, guests from Regensburg and far away - like the mayor of Budavár - were present in the audience. After a short video, that showed the atmosphere during the week, the various workshop participants presented their results. The presentations had a wide creative range and included radio recordings, sustainable food, a fashion show, a quiz and a Rap performance. One of the participants led through these presentations in a very charming way. Seeing this remarkable work, the audience was very impressed and each group received big applause.

A delicious catering and an after-party for the youths marked the end of this great week. After a short night, it was time for the participants to say goodbye to Regensburg.





At the final event of the International Youth Conference, the youngsters had the opportunity to give feedback:

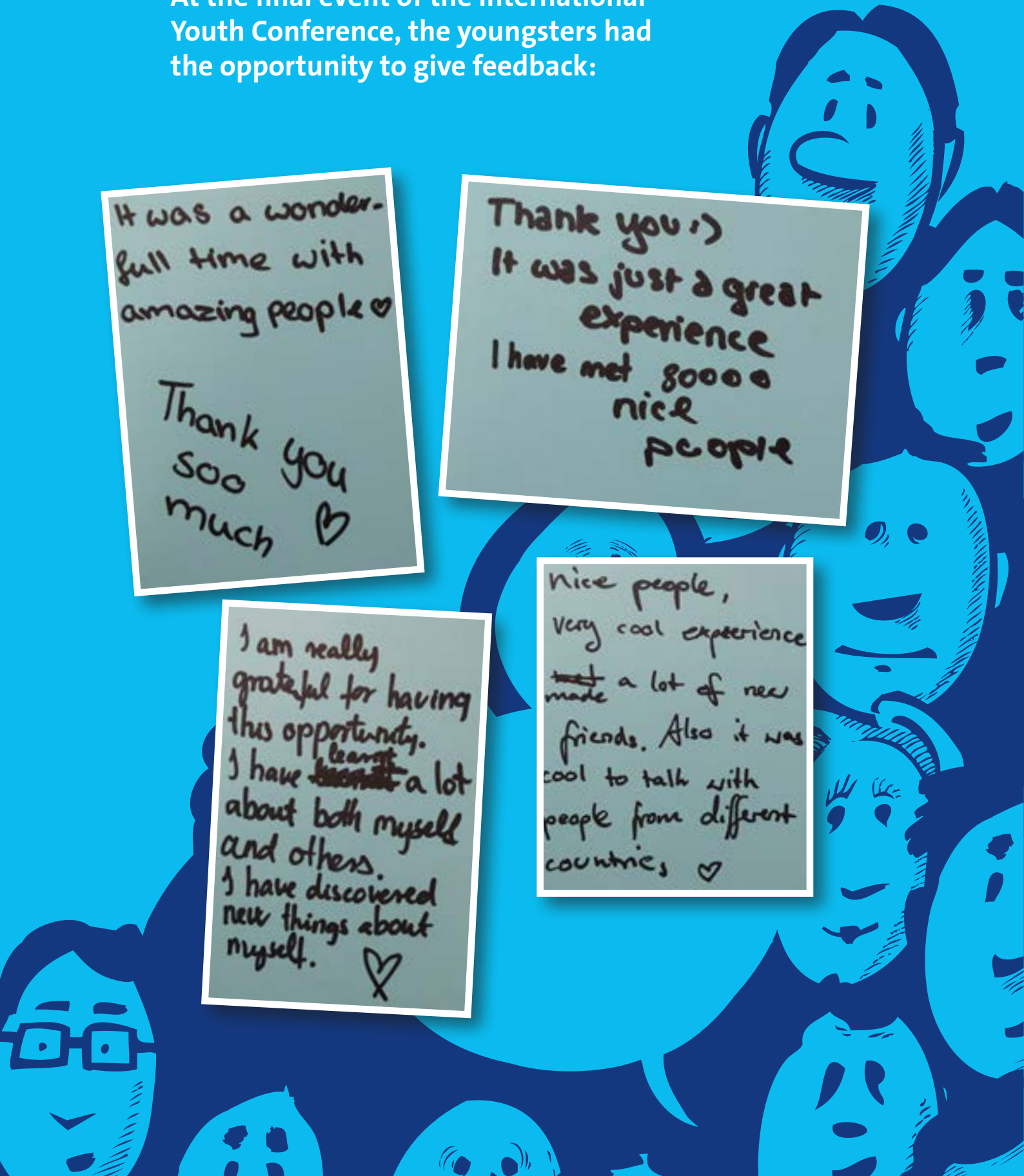
It was a wonderful time with amazing people ♡

Thank you so much ♡

Thank you :)
It was just a great experience
I have met soooo nice people

I am really grateful for having this opportunity. I have ~~learned~~^{learnt} a lot about both myself and others. I have discovered new things about myself. ♡

Nice people, very cool experience ~~met~~^{made} a lot of new friends. Also it was cool to talk with people from different countries, ♡





Outlook for the next International Youth Conference

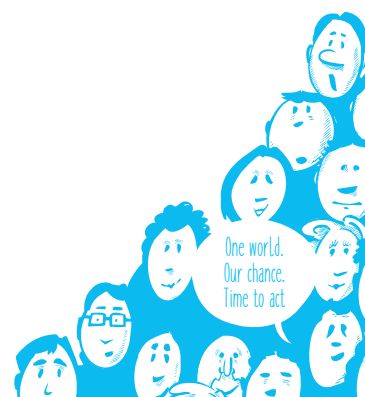
In this year's conference, it became clear again, how important it is to have a platform where young people can talk about topics that affect their future and exchange ideas. We were very glad about the widely positive feedback.

We would like to follow up on this and are going to organize a 4th International Youth Conference in 2024 unless one of our twin cities wishes to take over.

Whether it will take place in Regensburg or another city: We are already looking forward to interesting discussions about important topics and new input!



↑ Group photo of We R International 2022



Impressions





BRIXEN BUDAVÁR CLERMONT-FERRAND ODESSA PILSEN REGENSBURG



ORGANISATION

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and Representation
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Jugendaustausch Regensburg)

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